



RIDGE VALLEY SCHOOL

RVS/CIR/048/2021-2022

22th MAY 2021

SEWA (SOCIAL EMPOWERMENT THROUGH WORK EDUCATION AND ACTION)

Dear Parents (Grades XI and XII)

Greetings!

SEWA (Social Empowerment through Work Education and Action) is a part of school curriculum. It provides students with the opportunity to impact their community/ environment through service and action. It is mandatory for all students of Grade XI and XII. This is an essential requirement by CBSE. Please note the suggested list of activities:

Topic: Social or Community Service

SEWA is all about social or community service; **it can include environmental, civic responsibilities or democracy or health and fitness related projects, international and other projects too**, as long as the project is able to connect the child to his surroundings or to a cause and is able to generate a sense of responsibility towards it.

Suggestive list of tasks that students can undertake:

- a) Life Skills Activities (Creative and Critical Thinking, Problem Solving and Decision Making, Effective Communication, Self-Awareness and Empathy).
- b) 'Buddies' or 'Peer Mentors' for Adolescence Education, School Health Program, Life Skills Program etc.
- c) Anti-Bullying or Anti Ragging Committee and awareness raising.
- d) As volunteer for charities 'outside of school' such as orphanages, old-age homes.
- e) Volunteer work with stray animals and organizations connected with the same cause.
- f) Helping to raise funds for beneficiaries involving health and natural disasters (COVID, flood, earthquake victims)
- g) Blog writing: any social, political, environmental topic.
- h) Recycling waste, design thinking (developing eco-friendly products).
- i) Developing awareness through nukkad natak, musical events, dance, play, mono act.
- j) Making posters, writing poems, articles, slogans, songs and connecting and

- appealing the society to come together to fight against any cause effecting the society adversely.
- k) Spreading awareness through videos created by them and uploading it on social media.
 - l) As volunteer for '**in school activities**' such as **Leading club/society** in the school and covering range of activities to put a message.
 - m) Online volunteering for counseling peers for raising awareness regarding career pathways.
 - n) **Other than these suggested activities any other activity that a child feels can benefit the society can be taken by him/her.**

Please note students can also take up the **SEWA project in integration of any subject project and General Studies.**

School will also be conducting community outreach programs as per the school calendar. Attendance in these sessions is mandatory and will be included under SEWA hours.

At the end of the SEWA project students are expected to submit:

- a) Their reflection in around 100 words.
- b) Report of their work in the forms uploaded on ERP as SEWA forms.
- c) **Letter of Volunteering work experience**- Issued by the organization in case they work in participation with any organisation.
- d) In case of self -designed /organized project – **Photographs, screenshots, link to the social media where the work is uploaded as proof of the activities conducted.**
- e) **Work of students is Graded on a 9 point scale and the grades will be reflected in their report card (Grade XII in board exam mark sheet).**
- f) The project has to be taken over the course of minimum **40 hours in one academic session.**

Please feel free to connect with Ms Rakhi Srivastava rakhi.s@ridgevalleyschool.org teacher in charge for any queries.

Regards
Team RVS